



# MANDAI WILDLIFE RUN

*Step Forward For  
Nature & Wildlife*



## Mandai Wildlife Run 2023 Event Guide





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## Content

Content	Page
<u>About Mandai Wildlife Run</u>	1
<u>Late Race Pack Collection</u>	2
<u>Run Entitlements</u>	3
<u>Race Day Programme Schedule</u>	4
<u>Race Village Activities</u>	5
<u>Route Maps</u>	6 - 7
<u>Race Flag Off and Cut-Off Timings</u>	8
<u>Important Race Information</u>	9 - 10
<u>Things to Note</u>	11 - 15
<u>Park Admission Rules</u>	16
<u>Complimentary Shuttle Bus Service</u>	17 - 20
<u>Getting to the Start Pen</u>	21
<u>5km Competitive Challenge Prizes</u>	22
<u>Sponsors and Partners</u>	23







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## About Mandai Wildlife Run

Celebrate 50 years of caring for wildlife with Singapore Zoo! In conjunction with our 50th Golden ZOObilee, Singapore's only well-loved back-to-nature run is back for the 13th time!

Previously known as the Safari Zoo Run, the Mandai Wildlife Run is only going to be bigger and better. Happening on 23 and 24 September, the highlight of Mandai Wildlife Run is none other than running alongside your favourite animals at Singapore Zoo, River Wonders and Night Safari!

Taking place over two days, the upsized Mandai Wildlife Run consists of the 5km Competitive Challenge, 5km Fun Run, and all-new race categories such as the 3.5km Ranger Buddies Family Dash and 5km Silvers Leisure Walk. Look forward to health and wellness activities, sustainability workshops, and up-close animal interactions fit for everyone.

Join us at the Mandai Wildlife Run to step forward for nature and wildlife. Your participation comes with Conservation Included – every registration makes a difference to help us protect wildlife!





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## Late Race Pack Collection for Run Participants arriving from Overseas

Date & Time	Venue
23 & 24 Sep 2023 6:00am – 8:30am	Night Safari 80 Mandai Lake Road Singapore 729826

Run participants are encourage to arrive at least 1 hour ahead of your flag off time for collection.

Race Packs can only be collected at the event. There will be no mailing of Race Packs after Race Day so do remember to pick it up ahead of time!







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## Run Entitlements



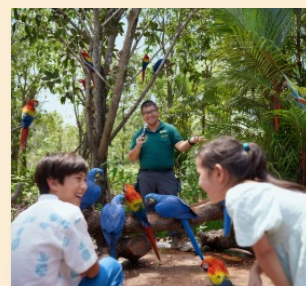
Singapore Zoo race  
day admission  
U.P. S\$50



River Wonders race  
day admission  
U.P. S\$42



50% off Night Safari  
admission  
U.P. S\$55



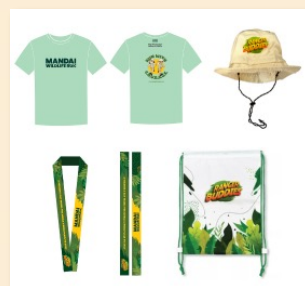
30% off Bird Paradise  
admission  
U.P. S\$48



Mandai Wildlife Run  
T-Shirt  
(U.P. S\$42)



Mandai Wildlife Run  
Tote Bag & Medal



Ranger Buddies  
Exclusive

**Remember to use the exclusive promos!**  
**Click on "View your vouchers" in your confirmation email to get  
access to the vouchers.**







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## Race Day Programme Schedule

Time	Programme	Location
6:00AM	Information Booth Begins	Night Safari
6:30AM	Start Pen Opens • 5km Competitive Run (23 Sep) • 5km Fun Run (24 Sep) • 5km Silvers Leisure Walk (24 Sep)	Night Safari
6:50AM	Warm-up by Anytime Fitness	Night Safari
7:00AM	5km Run Flag Off	Night Safari
7:15AM	Race Village Opens Workshop Activities Commence	Singapore Zoo Race Village at Pavilion by the Lake
7:30AM	Start Pen Closes • 5km Competitive Run (23 Sep) • 5km Fun Run (24 Sep) • 5km Silvers Leisure Walk (24 Sep)	Night Safari
7:40AM	Start Pen Opens • 3.5km Ranger Buddies Family Dash (24 Sep)	Night Safari
7:50AM	Warm-up by Anytime Fitness (24 Sep)	Night Safari
8:00AM	3.5km Ranger Buddies Family Dash Flag Off (24 Sep)	Night Safari
8:30AM	Start Pen Closes • 3.5km Ranger Buddies Family Dash (24 Sep)	Night Safari
8:45AM	Piloxing	Singapore Zoo Race Village at Pavilion by the Lake
10:00AM	Race Cut-off	
10:00AM	Spin Class by Absolute Cycle 10:00am – 10:30am   10:45am – 11:15am 11:30am – 12:00pm   12:15pm – 12:45 pm	Singapore Zoo Race Village at Pavilion by the Lake
1:15PM	Animal Encounters	Singapore Zoo Race Village at Pavilion by the Lake
1:45PM	KpopX Fitness	Singapore Zoo Race Village at Pavilion by the Lake
2:30PM	End of Event	Singapore Zoo Race Village at Pavilion by the Lake





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## Race Village Activities

Run participants can look forward to the following activities after the run:

### Sustainability Workshops

1. Make your own Organic Body Spritzer by Oasis Beauty Kitchen
2. Zookeeper Toy Upcycling Workshop by CREUSE
3. Nature's Classroom: bio-home Water Works
4. Nature's Classroom: NooTrees Lil' Green Thumbs

### Fitness Booths

1. Absolute Cycle Booth
2. Anytime Fitness Booth

### Fitness Activities

1. Piloxing®
2. Spin Class by Absolute Cycle
3. KpopX Fitness

### Other Exciting Activities

1. Ranger Buddies – Go The Distance For Our Earth!
2. Family Fun Time Carnival (24 Sep only)
3. Animal Encounters

[Find Out More](#)







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## 5km Route Map





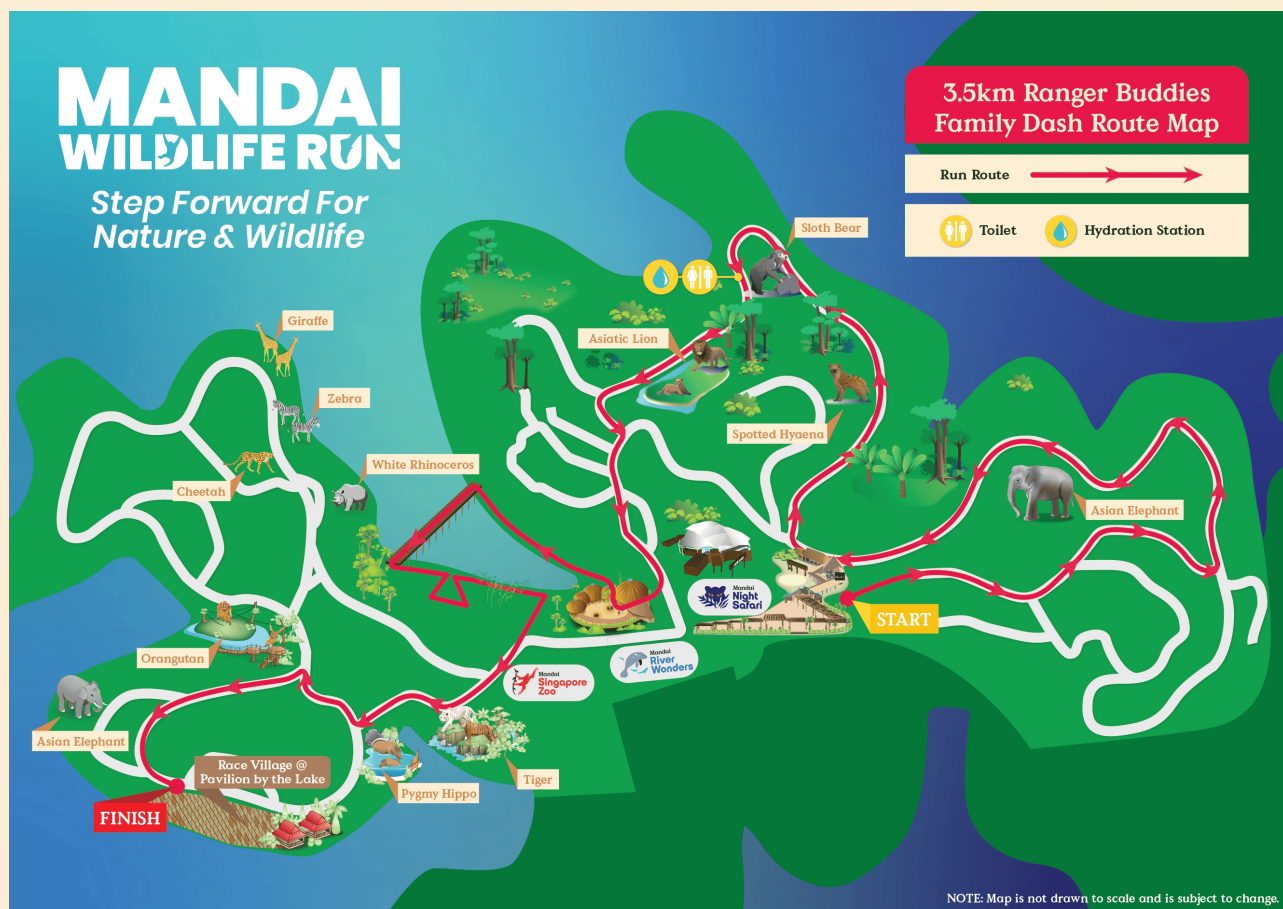


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## 3.5km Route Map





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## Flag-off and Cut-off Timings

Category	Flag-off	Cut-Off Time
5km Competitive Challenge	7:00am 23 Sep (Sat)	10:00am 23 Sep (Sat)
5km Fun Run	7:00am 24 Sep (Sun)	10:00am 24 Sep (Sun)
5km Silvers Leisure Walk		
3.5km Ranger Buddies Family Dash	8:00am 24 Sep (Sun)	10:00am 24 Sep (Sun)

Note: Start Pen opens approximately 30 minutes before and closes 30 minutes after flag-off timings stated above.







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## Important Race Information

1. Please read the Mandai Wildlife Run Event Guide in its entirety.
2. Familiarise yourself with the race route – it is your responsibility to know this on race day.
3. Arrive at least one hour ahead of your flag off time to avoid congestion. Please take note of Start Pen closure timings.
4. Travel light as there will be no bag deposit services provided for the event.
5. If you are feeling unwell at any time during the race, please do not continue with the run and approach our crew for assistance. There are medical posts and paramedics along the route to provide assistance should you require it during the race. Any admission to hospital or treatment provided by medical services other than the event medical team, will incur costs to the participants.





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## Important Race Information

6. Keep to your left to allow faster runners to overtake. If you encounter runners moving at a slower pace on the right side of the lane, please call out, "On your right." Please be courteous and move to the left when you hear this!
7. Help everyone enjoy a clean & green race! To reduce waste, we encourage all runners to Bring Your Own Bottle to refill at the hydration stations. Please be responsible and throw your trash into the bins provided.







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## Things to Note

### **RACE BIB**

You must present a valid physical Race Bib before physically accessing or entering the Mandai Wildlife Run Venue on race day for the Participant's registered Race Category.

The Race Bib must be worn on the front of shirts and be always visible during the Run, and a Participant found without wearing the assigned Race Bib, will not be permitted to participate in the Run, and will be removed from the Venue.

We will not be responsible for any loss or theft of or damage to a Race Bib and shall not under any circumstances be obliged or required to replace a lost, stolen or damaged Race Bib, which may limit the Participant's ability to participate in the event.

All Participants are strictly prohibited from permitting any other person ("Substitute Person") to wear their Race Bib allocated to them. The failure to comply with the foregoing shall result in the Participant being disqualified from the Race Category the Participant registered for and the Participant and/or the Substitute Person (as the case may be) shall be removed from the Venue.

A fee of **\$50** will be charged to participants for a replacement race bib on event day.





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## Things to Note

### HYDRATION AND AID STATIONS AND TOILETS

There will be hydration / aid stations and toilets located approximately every 2-2.5km mark.

### DISTANCE MARKER

Distance markers will be placed at every kilometre along the run route so you know when to push the pace!

### WHEELED DEVICES

All motorised vehicles and wheeled devices including, but not limited to, electric scooters and bicycles are strictly not permitted except for official race and medical vehicles. However, prams/strollers are allowed for children below the age of 4.

### PETS

Pets and companion animals are strictly not allowed in the race premises in Singapore Zoo, River Wonders, and Night Safari.







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## Things to Note

### MEDICAL

The Race Village will have medical personnel in position to provide assistance if you feel unwell or are injured. There will be static/roving medical posts and paramedics along the race route to provide assistance should you require it during your race. You may also contact our medical hotline at **8830 8655/8882 4393** should you require any assistance.

### MEDAL

Every runner who crosses the Finish Line within the stipulated cut-off timings of your race category will receive a Medal specific to your race category.

The Medal (for all categories) can only be collected at the event. There will be no mailing of medals after Race Day so do remember to pick up your medal and wear it with pride!

### RESULTS (applicable for 5km Competitive Category only)

Check your results online [here](#) approximately 48 hours after the race.





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## Things to Note

### DISPUTE OVER RESULTS

In the event of a dispute over race results, an appeal must be lodged at the Race Village Information Tent 15 minutes before the start of each category's prize presentation. A non-refundable S\$50 administration fee will be charged per appeal. In the event of a dispute, the Race Organizer's decision is final.

### LOST AND FOUND

If you have lost or found an item, please approach the Information Tent located at the Race Village - Pavilion by the Lake.

At the end of the event, found items will be transported to the Race Organizer's office. If you have lost an item, it is your responsibility to contact the Race Organizer at [contact@infinitus.asia](mailto:contact@infinitus.asia) with a description and to pay for its return to you. Unclaimed items will be discarded one month after the race date.

### ADMISSION FOR NON-RUNNERS

Friends and family are welcome to support you even if they are not registered for the event but a relevant valid park admission ticket will be required. Park admission tickets can be purchased during park operating hours.







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## Things to Note

### VISIT TO THE 2 PARKS AFTER THE RACE

Registration to the Mandai Wildlife Run entitles each participant to complimentary race day admission to the Singapore Zoo and River Wonders:

1. For Singapore Zoo, all participants must show their race bibs for visual check to be granted admission.
2. For River Wonders, all participants must provide their race bibs for scanning at the ticketing area to be granted admission.
3. Race bibs validity:

Category	Valid date for entry
5km Competitive Challenge	23 Sep 2023 (Sat)
5km Fun Run	24 Sep 2023 (Sun)
5km Silvers Leisure Walk	
3.5km Ranger Buddies Family Dash	

4. Re-entry is allowed during the validity date.





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## Park Admission Rules

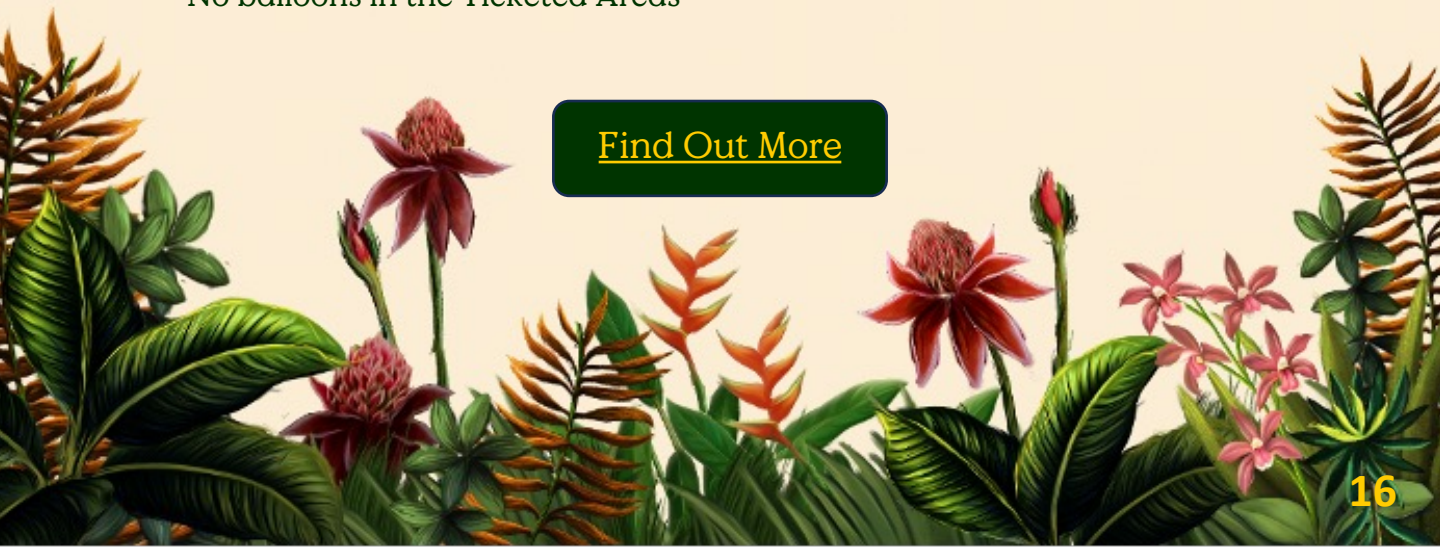
### Parks Rules and Conditions

The following conditions apply to all visitors to Mandai Wildlife Reserve ("MWR"), which includes both the public park areas ("Public Areas") and the ticketed park areas ("Ticketed Areas") of Bird Paradise, Night Safari, River Wonders and Singapore Zoo (the said Areas collectively, the "Parks").

Visitors to the Parks shall comply with these conditions for their own safety and enjoyment and that of others.

- Respect Wildlife and our Animals
- No Smoking
- No Flash Photography or Flashlights
- No Bicycles, Tricycles, Skateboards, Scooters, Rollerblades, or Skates
- Pets and Service Animals in the Public Areas only
- Respect Plant Life
- No Releasing of Animals
- No Kite-flying and Playing of Frisbees or Balls
- No Remote-Controlled Aerial Devices
- No Open Fire
- No Fishing or Swimming
- No balloons in the Ticketed Areas

[Find Out More](#)







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## Complimentary Shuttle Bus Service from the Heartlands\*

Category	Flag-off	Promo Code
5km Competitive Challenge	7:00am 23 Sep (Sat)	MWRUN23
5km Fun Run	7:00am 24 Sep (Sun)	MWRUN24
5km Silvers Leisure Walk		
3.5km Ranger Buddies Family Dash	8:00am 24 Sep (Sun)	MWRUN24

\*Booking required

Seats are limited and available on a first come, first served basis.  
Limited to 3 seats per transaction.

[Book your bus tickets here](#)





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## Complimentary Shuttle Bus Service from the Heartlands\*

Day 1 – 23 Sep | Pick up at 5:15am

### Route 1

Ang Mo Kio (54269)  
Toa Payoh (52189)

### Route 2

Tampines (76149)  
Bedok (84039)  
Eunos (82061)

### Route 3

Woodlands (46321)  
Marsiling (46521)

### Route 4

Punggol (65221)  
Hougang (64549)

### Route 5

Clementi (17171)  
Bukit Panjang (44029)  
Choa Chu Kang (45539)

\*Booking required







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## Complimentary Shuttle Bus Service from the Heartlands\*

Day 2 – 24 Sep | Pick up at 5:15am or 6:15am

### Route 1

Ang Mo Kio (54269)  
Toa Payoh (52189)

### Route 2

Tampines (76149)  
Bedok (84039)  
Eunos (82061)

### Route 3

Woodlands (46321)  
Marsiling (46521)

### Route 4

Punggol (65221)  
Hougang (64549)

### Route 5

Clementi (17171)  
Bukit Panjang (44029)  
Choa Chu Kang (45539)

### Route 6

Redhill (10201)  
Queenstown (11141)

\*Booking required





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## Complimentary Shuttle Bus Service from Khatib MRT

Category	Flag-off	Time
5km Competitive Challenge	7:00am 23 Sep (Sat)	5:30am – 7:30am
5km Fun Run	7:00am 24 Sep (Sun)	
5km Silvers Leisure Walk		5:30am – 7:30am
3.5km Ranger Buddies Family Dash	8:00am 24 Sep (Sun)	

Reach Mandai Wildlife Reserve in 15 minutes! This loop shuttle service from **Khatib MRT Station (NS14)** is available from 5:30am – 7:30am. Buses arrive every 10 - 15 minutes during operating hours, subject to traffic conditions.

Seats are limited and on a first come, first served basis. Paid shuttle at \$2 for adults and child (3 – 12 years old) will be available from 8:00am.





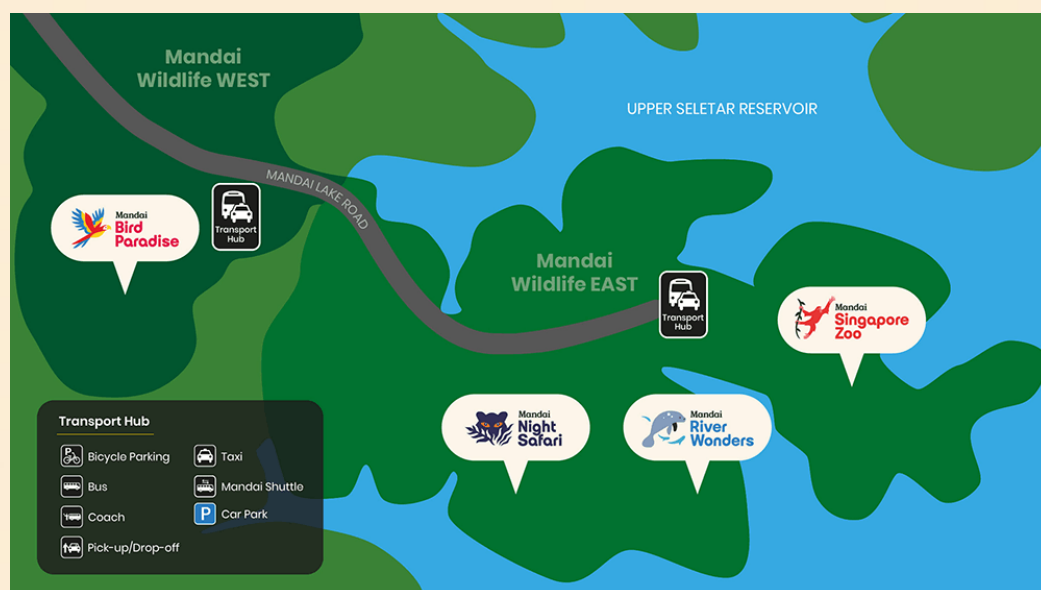


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## Getting to the Start Pen at Night Safari



80 Mandai Lake Road  
Singapore 729826

[Click here for directions to Night Safari](#)



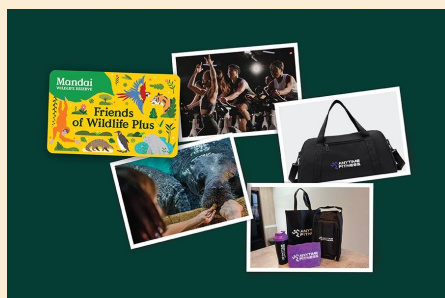


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## 5km Competitive Challenge



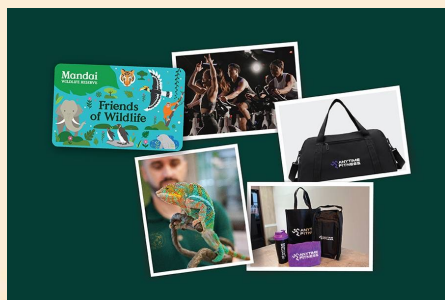
### 1st Place (Prizes worth over \$1,600)

- 1 Year Friends of Wildlife Plus Membership for 2 Adults
- Backstage Pass: Manatee Mania for 2 pax
- 10 Absolute Class Pack
- Anytime Fitness Goodie Bag Duffle Bag, Shoe Bag, Shaker Bottle, Towel



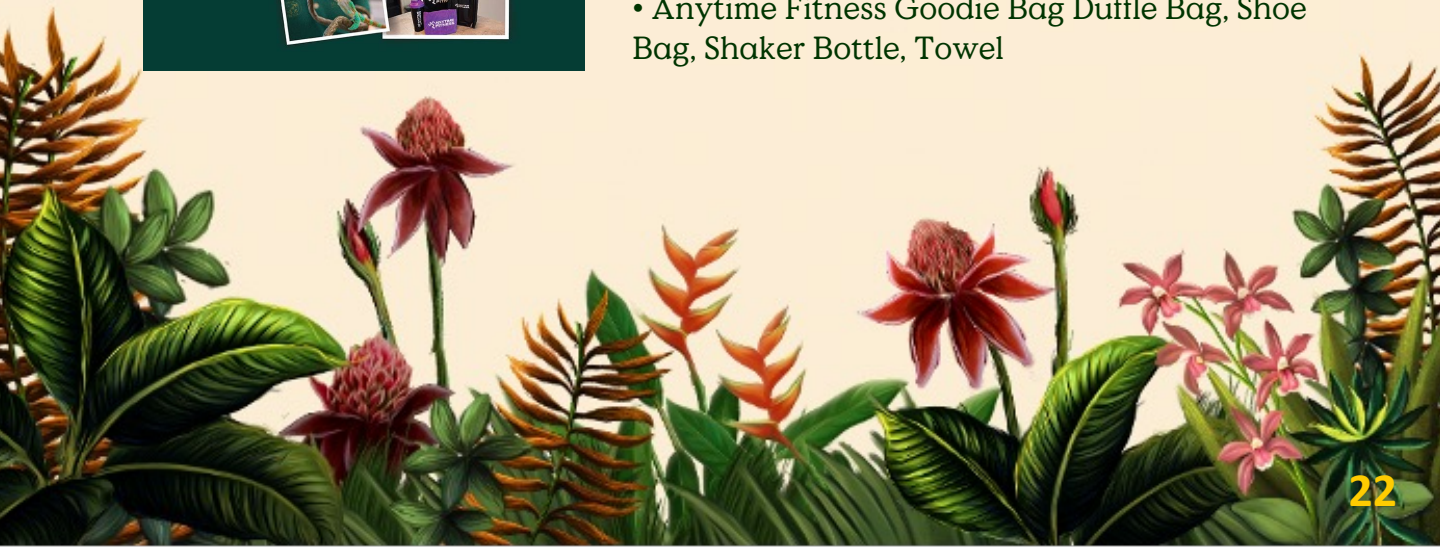
### 2nd Place (Prizes worth over \$1,000)

- 1 Year Friends of Wildlife membership for 2 Adults
- Backstage Pass: Avian Healthcare for 2 pax
- 5 Absolute Class Pack
- Anytime Fitness Goodie Bag Duffle Bag, Shoe Bag, Shaker Bottle, Towel



### 3rd Place (Prizes worth over \$900)

- 1 Year Friends of Wildlife membership for 2 Adults
- Backstage Pass: RepTopia for 2 pax
- 3 Absolute Class Pack
- Anytime Fitness Goodie Bag Duffle Bag, Shoe Bag, Shaker Bottle, Towel







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## Event Sponsors & Partners

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Official Apparel Partner

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Partners



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